

**1. Year-long Electives (YLO): 1 hour per week, all year until exam week**

**Full Year (September 4 - June 14 ) Options**

**WRESTLE FOR LIFE:** Engage in personal development while improving fitness and learning to wrestle. (\$0)

**SKILLFUL THINKING:** Learn about logic, reasoning, and creativity while improving your memory by solving puzzles and participating in engaging activities that culminate in designing a locked-room/locked-box puzzle. (\$0)

**YEARBOOK:** Learn about composition, layout, organization and more as you assemble a yearbook for the school. (\$0)

**BAND:** Learn to play an instrument as part of a concert band. (\$35)

1.

**2. Student Interest Programming (SIP):2 hours per week for three months**

**Term 1 (September 4 - December 1) Options**

**TEAM SPORTS:** Learn the skills and strategies of various team sports. (\$0)

**VIDEO PRODUCTION:** from preparation, to filming, to post-production editing: learn it all. (\$0)

**WOODWORKING:** Learn to use hand tools to build a variety of projects (\$30)

**Term 2 (December 4 - March 22) Options**

**CLAY SCULPTURE:** learn a variety of clay-working techniques. (\$15)

**DRAMA:** learn about stage performance; put on a public performance. (\$0)

**HOCKEY:** build your skating, puck-handling, and teamwork skills (full equipment required). (\$100)

**Term 3 (March 25 - June 14) Options**

**ACADEMIC SUPPORT & INDEPENDENT RESEARCH:** Get help with your classwork or learn about the topic of your choice. (\$0)

**METALWORKING/ART:** develop metal-shaping skills while creating a variety of projects. (\$10)

**ULTIMATE:** build skills and fitness while learning strategy and the spirit of the game. (\$0)

**3. Arts and Explorations (2 hours per week) Six week-long Exploratory Courses**

**Module 1a (September 4 - October 18)**

**BASKETBALL:** build skills and fitness while learning plays and game strategy. (\$0)

**PAINTING:** let loose your inner artist as you build your skills completing a variety of works of art. (\$10)

**JEWELRY / METALCRAFT:** learn the skills of using wire, wood, sheet metal, and resin to make rings, bracelets and pendants. (\$10)

**Module 1b (October 19 - November 30)**

**SCREEN PRINTING (Fabric Art):** design and print your own unique images on clothing, wall hangings, etc. (\$10)

**SPORTS SCIENCE:** learn about anatomy, body mechanics, performance, and injury prevention and recovery. (\$30)

**PHOTOGRAPHY:** study the elements of composition, light, and design to create photographic works of art. (\$0)

## Elective Class Descriptions: 2018-2019

<b>Module 2a</b> (December 4 - January 29)
<b>COMPUTER ART:</b> use GIMP free software to render and manipulate images. (\$0)
<b>EQUINE STUDIES:</b> learn everything about horses: breeds, history, etc. (\$0)
<b>BOARD GAME DESIGN &amp; FABRICATION:</b> study examples of the most popular board games then design and build one of your own. (\$0)
<b>Module 2b</b> (January 30 - March 22)
<b>CRYPTO-ZOOLOGY:</b> learn about Bigfoot, Yeti, Chupacabra, Ogopogo, and more. (\$0)
<b>ROBOTICS:</b> start with basic programming and move on to complex routines. (\$0)
<b>ROPECRAFT:</b> you begin with making your own rope out of twine, then you go on to learn to tie simple and elaborate knots, whip and splice rope, and make decorative sinnets, mats and braids. Great for aspiring sailors, climbers, or people who don't want things to fly out of the back of their truck. (\$0)
<b>Module 3a</b> (March 25 - May 2)
<b>TECHNICAL THEATRE:</b> learn to design sets, run lights, run sound systems, and build props. (\$0)
<b>TRACK &amp; FITNESS:</b> improve your performance by building strength, endurance, and flexibility while improving your track & field event technique. (\$0)
<b>CREATIVE WRITING:</b> Improve your writing as you write short stories, poems, or even a novel. (\$0)
<b>Module 3b</b> (May 3 - June 14)
<b>FLAG FOOTBALL:</b> build skills and fitness while learning to play. (\$0)
<b>SAFETY AND SURVIVAL:</b> get ready for when the zombies come (or other less likely problems). (\$0)
<b>ONE-POT COOKING:</b> learn to make simple and delicious meals using one pot and a hotplate. (TBA)