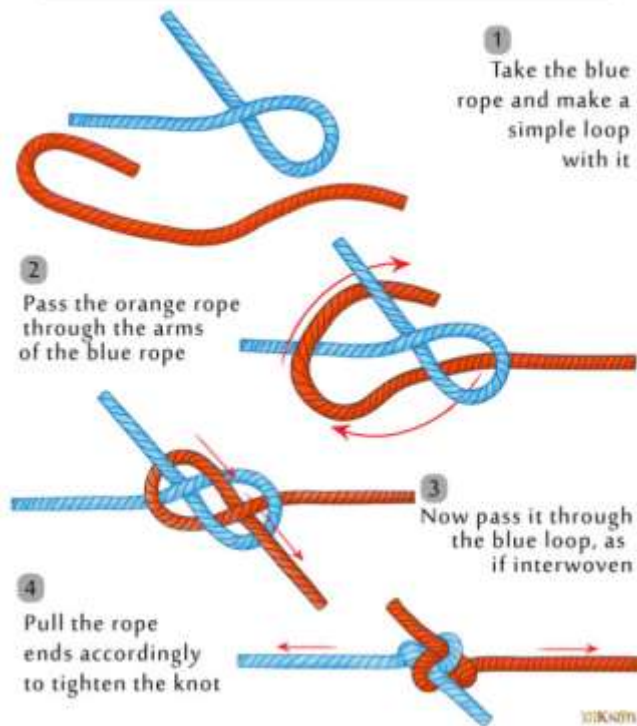
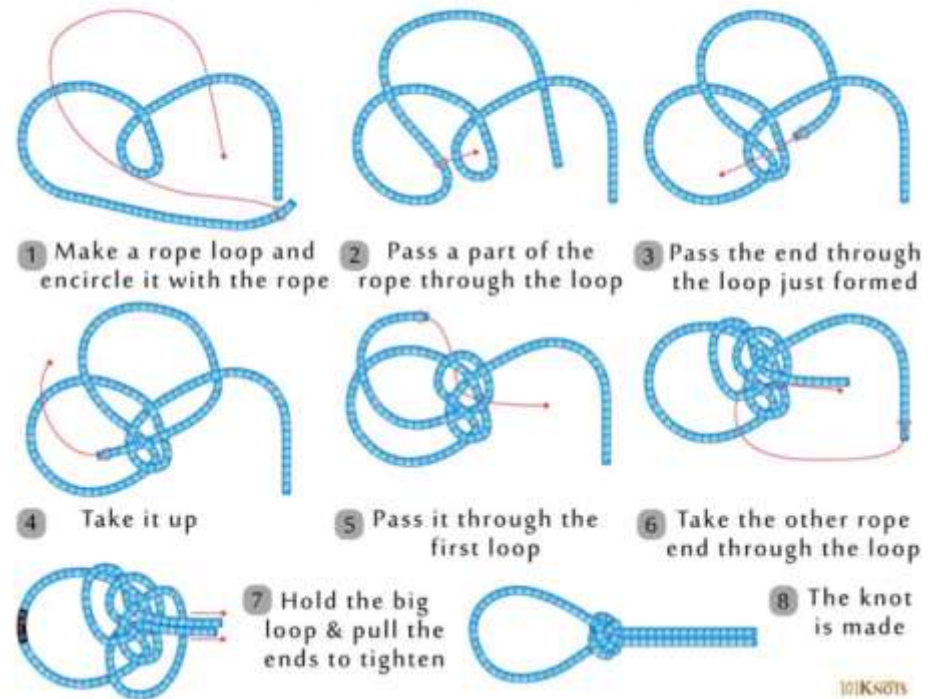


Carrick Bend Instructions



Diamond (Lanyard) Knot Instructions



Monkey's Fist Directions

